



25 Mile Time Trial - Saturday, 14 September 2019 at 2pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Secretary

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG

Tel: 07979 577707

Email: heather.bamforth@gmail.com

Timekeepers

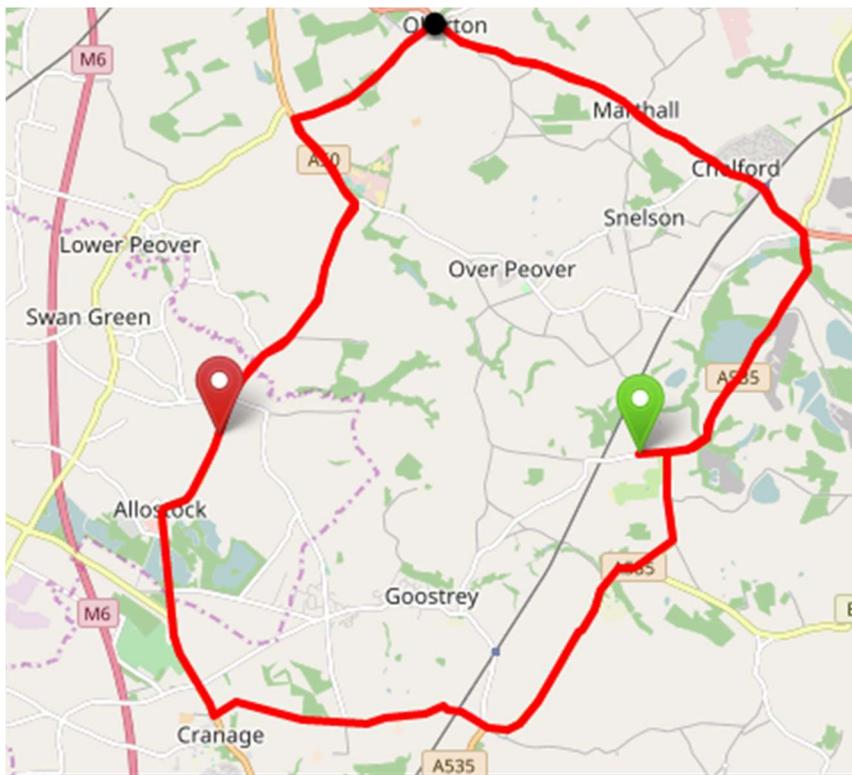
Graham Lawrence and Martin Jackson

Event HQ

Goostrey Village Hall, The Old Paddock, Goostrey CW4 8PE Numbers will be at the HQ which will be open from 12.30 pm

Course Details – J2/9

The J2/9 course is as follows:



This map of the course can be found at <https://cyclingtimetrials.org.uk/courses/view/j2-9>



Course Description

0.00 miles	Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no 2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to...
2.169 miles	Chelford Island, take the second exit left on the A537 and proceed to...
5.219 miles	Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
11.408 miles	Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to...
18.064 miles	Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
25.000 miles	Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

Risk Assessment: a copy of the J2/9 course risk assessment will be available to read at the HQ.

Notes regarding particular junctions

- **Seven Sisters Lane**
Riders must take extra care when exiting Seven Sisters Lane onto the A50.
- **Twemlow Lane**
Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
- **Chelford Island**
Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg20 [*you MUST NOT be on your aero bars when approaching and/or crossing the roundabout*] and the rules of the road. Riders must be able to brake at the island if traffic conditions require this. Riders must not approach and encircle the island using tri-bars. Remember that traffic already on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Numbers, Signing On & Signing Off

All Competitors **MUST SIGN ON** when collecting your number (Sign on sheet is in the HQ) and **SIGN OFF** after the event. Body numbers should be positioned at your lower back so that the timekeepers and marshals can see them, with arm numbers being placed on your **RIGHT** shoulder.



Car Parking

Car parking at the village hall is for competitors only. There will be signage on the day directing all spectators and supporters to the overflow car park. Please note parking on the road outside the HQ (on Main Road) is not permitted.

There is NO PARKING at either the Start or finish. Vehicles must not be parked, however briefly, in the access to Mount Pleasant Nursing Home at the finish.

Anyone who is perceived by our observers to be having the benefit of a following car will be reported.

Directions to Start

The start is approx. 1 mile from HQ. Turn right out of HQ car park and first left at the church (Church Bank). Bear right at fork after 600 yards then follow Bomish Lane (ignoring all side roads) for ½ mile to start. There will be signs directing riders from the HQ to the start. Allow AT LEAST 15 minutes to ride to the start.

CTT Regulations

- **Care at Road Junctions:** Riders must exercise care at all junctions. Any competitor whose riding causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
- **No U Turns:** Riders must not make U turns within sight of the start or finish. Observers are watching.
- **Keep your head up** and observe local regulations pertaining to the course at all times
- **Pace must not be given or received:** The onus is on the overtaken rider to avoid this. Marshalls do not have the authority to control road users, so take care. Observers will be posted to ensure compliance with CTT Regulations.
- **Helmets:** in the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets with an internationally accepted safety standard. In accordance with Regulation 15 ALL Juvenile & Junior competitors must wear Protective Hard Shell Helmets.
- **Rear Light:** It is recommended that a working rear light, either flashing or constant, is fitted to the Machine in a position visible to following road users and is active whilst the machine is in use.
- **Clothing:** please be aware that tri-suits are not permitted in CTT events – shoulders must be covered.



Prize List

Men	Women
Overall	
1 st - £30	1 st - £30
2 nd - £20	2 nd - £20
3 rd - £10	3 rd - £10
Age Categories	
1 st over 55 - £15	1 st Vet – £20
1 st over 60 - £15	2 nd Vet - £15
1 st over 65 - £15	3 rd Vet - £10
Other Prizes	
Fastest Rider(s) – Tandem/Trike	£10 per rider
Lanterne Rouge	£10

One rider, one prize

Notes

This event may be subject to doping control.

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF. Race numbers required for doping control will be displayed adjacent to the result board.

Sponsored Clubs

- Born to Bike – Bridgtown Cycles
- Buxton CC – Sett Valley Cycles
- Leek CC - Den Engel Belgian Bar
- Warrington RC: RS Cyclesport / Horton Light Engineering

Event Secretary

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG; Tel: 07979577707



Starting Order

Bib	Start Time	Firstname	Lastname	Club	Category
1	14:02:00	Anwen	Brierley	Macclesfield Wheelers	Tandem
1	14:02:00	Snowdon	Brierley	Macclesfield Wheelers	Tandem
5	14:05:00	Vic	Trigger	Crewe Clarion Whs	Trike
10	14:10:00	Lesley	Norbury	Congleton CC	FV
11	14:11:00	John	O'hare	Manchester Triathlon Club	V55
12	14:12:00	Paul	Ekgren	Withington Wheelers	
13	14:13:00	Damian	Ellis	Leek CC	
14	14:14:00	Julia	Wardley-kershaw	St Ives CC	
15	14:15:00	Nicola	Fairhurst	Port Sunlight Wheelers	FV
16	14:16:00	Simon	Cocksey	Cheshire Maverick Cycle Club	
17	14:17:00	Alan	Roberts	Stone Wheelers CC	V70
18	14:18:00	Stephen	Longdon	Stretford Wheelers CC	V60
19	14:19:00	Kenneth	Trigger	Crewe Clarion Whs	V65
20	14:20:00	Alison	Stephenson	Congleton CC	FV
21	14:21:00	Paul	Stupples	St Helens Tri	
22	14:22:00	Andrew	Woolley	Weaver Valley CC	
23	14:23:00	Luke	Ainsworth	Knutsford Tri Club	
24	14:24:00	Steve	Mcquade	Crewe Clarion Whs	
25	14:25:00	Terry	Bolland	Harry Middleton CC	V55
26	14:26:00	John	Fairhurst	Port Sunlight Wheelers	V55
27	14:27:00	John	Leach	Rossendale RC	V70
28	14:28:00	Liam	Kwan	Stretford Wheelers CC	
29	14:29:00	Andrew	Pyatt	Janus Road Club	
30	14:30:00	Andy	Whitehead	Seamons CC	V55
31	14:31:00	Paul	Mannion	Manchester Triathlon Club	
32	14:32:00	Hugh	English	Manchester Bicycle Club	
33	14:33:00	Claire	Harrison	Pro Vision Cycle Clothing	FV
34	14:34:00	Mark	Berry	Rossendale RC	
35	14:35:00	Andrew J	Forsyth	Cybele Cycling Club	
36	14:36:00	Kevin	Woodward	Salford Cycling Club	
37	14:37:00	Naomi	Wright	Manchester Triathlon Club	
38	14:38:00	Nick	Howl	Warrington Road Club	
39	14:39:00	Fraser	Snape	North Lancashire Road Club	
40	14:40:00	Mick	Braithwaite	Cybele Cycling Club	
41	14:41:00	Kirk	Yearsley	Salford Cycling Club	
42	14:42:00	Kevin	Blades	Team Lusso	
43	14:43:00	Anna	Brunt	Seamons CC	FV
44	14:44:00	Tim	Marshall	Seamons CC	
45	14:45:00	Paul	Basson	ABC Centreville	



46	14:46:00	Keri	Parton	Pro Vision Cycle Clothing	
47	14:47:00	Stephen	I'anson	Buxton CC	V60
48	14:48:00	Duncan	Poole	Congleton CC	
49	14:49:00	Lee	Winslow	SKCC	
50	14:50:00	Robbie	Harcourt	VTTA (Manchester & NW Group)	V55
51	14:51:00	Kelvin	Milward	Congleton CC	V55
52	14:52:00	Sarah	Grant	Pro Vision Cycle Clothing	
53	14:53:00	Peter	Howarth	Stretford Wheelers CC	V55
54	14:54:00	John	Spearman	Seamons CC	
55	14:55:00	Stuart	Ward	Weaver Valley CC	
56	14:56:00	Paul	Whittaker	Stockport Clarion CC	
57	14:57:00	Robert	Pollen	Ashley Touring CC	
58	14:58:00	Warren	Jackson	Congleton CC	
59	14:59:00	Chris	Edmondson	Velotik Racing Team	
60	15:00:00	Chris	Southworth	Leigh Premier Road Club	
61	15:01:00	Robin	Green	Runcorn CC	
62	15:02:00	Alistair	Stanway	Weaver Valley CC	
63	15:03:00	Chris	Hall	Born to Bike	V60
64	15:04:00	Emily	Martin	Weaver Valley CC	
65	15:05:00	Stephen	Turner	Westmead Team 88	V55
66	15:06:00	Alistair	Rutherford	Secret-training CC	
67	15:07:00	Carl	King	VTTA (Manchester & NW Group)	
68	15:08:00	Jonathan	Lloyd	Westmead Team 88	
69	15:09:00	Phil	Brooke	SKCC	
70	15:10:00	Mat	Stephenson	Congleton CC	
71	15:11:00	Nigel	Wood	Seamons CC	V55
72	15:12:00	Andy	Stuart	Velo Club St Raphael	
73	15:13:00	Rod	Mason	Stockport Clarion CC	
74	15:14:00	Adam	Darby	Transition Race Team	
75	15:15:00	Sam	Taylor	Weaver Valley CC	
76	15:16:00	Adrian	Hughes	Seamons CC	
77	15:17:00	Gavin	Mccloskey-lambert	Manchester Wheelers	
78	15:18:00	Alan	Chorley	Seamons CC	
79	15:19:00	Darren	Maironis	Transition Race Team	
80	15:20:00	Alexander	Royle	Manchester Bicycle Club	

The Racing Chance Foundation would like to thank friends and members of the Racing Chance Foundation for their assistance in promoting this event. We would also like to thank the riders for supporting our event.